

Spring Ahead

and *Explore* one of our many exciting classes,
broadway shows, day trips and overnight excursions!



Adult Continuing Education
Youth & Children's Programs



**RAMSEY
COMMUNITY
SCHOOL**

Explore | Experience | Excel

201-327-2025

www.ramseycommunityschool.com

ABOUT US

Ramsey Community School is a self-sustaining, non-profit organization operating under the Ramsey Board of Education. A unique town treasure, RCS has proudly served the Ramsey community and surrounding communities with enriching and stimulating courses and excursions in a variety of interests for over 30 years. In 2013 the Ramsey Adult School officially changed its name to Ramsey Community School, a more reflective name of what the organization has truly become.

RCS OFFICE LOCATION, CONTACT INFORMATION & OFFICE HOURS

The Administrative office handles all matters concerning Adult Continuing Education, Youth and Children's Program and bookkeeping for all programs, as well as Ramsey School District facilities.

Located in Dater School, 35 School St., Ramsey, NJ 07446
Park on and enter through the Shuart Lane entrance
Email: RCSGeneral@ramsey.k12.nj.us
Phone : 201-327-2025
Hours: Monday through Friday, 9:30am - 4:00pm

RCS STAFF

Anne Marie Rawdon, Director
Nancy Galek, Administrative Assistant
Elaine Kehoe, Bookkeeper
Maureen Nelson, Facility Coordinator

THINGS TO KNOW

- You do not need to be a Ramsey or NJ resident to register.
- Pre-registration is required for all classes and trips. You must register through the RCS office; instructors cannot take registrations in class.
- Confirmations sent via email only; unless notified otherwise, your registration has been accepted. Include the RCS email address to your address book or account list to avoid spam filter problems with RCS emails.
- Mark your calendar as to time, date and location of class. Students are responsible for knowing their course schedule and directions to the designated school.
- All courses and trips are subject to cancellation. Students are phoned and emailed; full refunds are issued by whichever method of payment they originally made for the course.
- Cancelled classes will be made up, if possible, by adding a session to the end of the term or by other means agreeable to students and teacher.
- Students are responsible for knowing all policies including refund policies. No exceptions please.
- You must be 18 years or older to register for an adult education class unless otherwise specified.

GENERAL INFORMATION

The Ramsey Community School reserves the right to change class locations, schedules, fees or instructors when necessary. RCS is not liable for any injury or property damage as a result of course taken. Students are responsible for knowing their class/trip schedule, location and directions to location. Cancelled classes will be made up, if possible, by adding a session to the end of the term or by other means agreeable to students and instructor.

SCHOOL CLOSING

No Community School class will meet if the public schools are closed due to holidays, vacations or bad weather. In most cases, if there is a delayed opening the Community School will be open. Classes closed due to bad weather will be made up, if possible, by adding a session at the end of the term or by other means agreeable to students and instructor. Check the RCS website www.ramseycommunityschool.com or call the Community School office at 201-327-2025 after 3:00pm for the updated information. Please note schedule is subject to change. Instructors will notify students at the first class of all scheduled meeting dates of the course.

RCS CALENDAR

(RCS follows the RSD calendar)

February 19	Presidents Day	District Closed
February 20–23	February Recess	Schools Closed
March 29	Good Friday	District Closed
April 15–19	Spring Recess	Schools Closed
May 27	Memorial Day	District Closed

REGISTRATION / DISCOUNTS / REFUND POLICY

Registration

Tuition must be paid in full at time of registration. Instructors are not permitted to accept registrations in class. Registrations are processed in the order received (you must be 18 years or older to register for an adult ed. class unless otherwise specified.) We cannot reserve or hold enrollment spots. Online or telephone registrations require a Visa or MasterCard payment. Mail or walk-in registrations are payable by check, cash, money order or credit card. Make checks payable to "Ramsey Community School". Returned checks incur a \$35 service fee.

THERE ARE FOUR WAYS TO REGISTER:

Online:

If you are a new student, you need to create a Student Profile; this can be done from the home page. If you are already registered as a student, please make sure your profile information is kept up to date with your most current data.

Phone:

Call the RCS office at 201-327-2025. We accept Visa or MasterCard.

Mail:

Complete a registration form and mail with your payment to: Ramsey Community School, 35 School Street, Ramsey, NJ 07446. (Make all checks payable to the Ramsey Community School.)

In Person:

The RCS office is located in the Dater School, 35 School Street, Ramsey.

DISCOUNTS

Students eligible for a discounted course fee must register by phone at 201-327-2025 the first time in order to be coded as a discounted registration. Available discounts are:

Senior Citizen - Any student 60 years of age or older at time of registration is eligible to receive a Senior Citizen Discount if one is offered for the course. Seniors must submit proof of age prior to registration one time only, in order to be coded as a Senior Citizen in the computer to receive the discount. Afterwards, all future courses will automatically be applied the discount at registration check-out.

RSD Employee - Any current employee of the Ramsey School District is eligible to receive an Employee Discount if one is offered for the course (not applicable to relatives). Employees must contact RCS in order to be coded as an employee in the computer to receive the discount.

REFUND POLICY

We make a commitment to our instructors so we need a commitment from you! We make a contractual commitment to pay our instructors a salary so we need a commitment from our students as well. Therefore, no tuition can be refunded for any reason - including illness and/or medical - once a class has started. Before registering for a class or a trip please carefully read the refund policy below so you fully understand and agree to our refund policy:

Withdrawals at least 3 business days (weekends excluded) before the start of a class will be refunded, less a \$15 withdrawal fee. Withdrawals less than 3 business days (weekends excluded) before the start of a course cannot be refunded for any reason, including medical.

If Ramsey Community School cancels your course, you will receive a full refund by whichever method of payment you originally made.

Trip refunds: Less \$15 cancellation fee available **ONLY IF TICKETS CAN BE RESOLD.**

LOCATIONS

Ramsey Community School classes take place in 5 district schools in Ramsey. Make sure you know the location of your class. Note: Some courses are offered in cooperation with Midland Park Continuing Education.

Dater School

35 School Street, Ramsey
(off North Central Avenue)

Hubbard School

10 Hubbard Lane, Ramsey
(off Wyckoff Avenue, Rear entrance is off West Oak on Hubbard School Lane)

Ramsey High School

256 East Main Street, Ramsey

Smith School

73 Monroe Street, Ramsey
(North Central Avenue to Morse Street left on Elbert into Smith lot) (GPS use 2 Monroe Street, Ramsey)

Tisdale School

200 Island Avenue, Ramsey
(Franklin Turnpike to Madison Avenue, right on Island Avenue)

Faith Reformed Church

95 Prospect Street, Midland Park, NJ

Midland Park Continuing Education

Midland Park High School
250 Prospect Street, Midland Park, NJ
(Room assignments will be posted the first night of the class. Please register through the Ramsey Community School.)

MacFarren Field

101 Williams Drive, Ramsey
(Rt.17 N, take Williams Drive exit, follow road uphill, field on left.)

CRAFTS

CROCHETING - Tunisian

Tunisian Crochet is often described as a combination of knitting and crochet, but it is really more of a variation on crochet techniques, using one long hook. Tunisian crochet stitches and fabrics can look considerably different from regular crochet, and it is a great way to expand into unique options beyond the standard. We will learn a variety of Tunisian stitches/techniques and will choose a project to make. Students in this course should already be comfortable with basic crochet techniques. If you are new to the craft, we recommend starting with Beginner Crochet. There is a \$10 material fee for a 14 Tunisian/afghan hook, provided at first class. Bring to class: #4/worsted practice yarn. Instructor: *Clayton Leadbetter*

Fee: \$125/118 SR CIT+\$10
8 Sessions – Starts 3/6
No class: 4/17
Wednesday, 6:00 PM – 7:30 PM
Eric Smith – Room 106

KNITTING - Beginner

Knitting is a time-honored tradition in many cultures—and a relaxing, fun, and practical hobby for modern crafters! After mastering the basics, you'll soon be able to make beautiful hats, scarves, blankets, garments, and even toys! This introductory course is designed for beginners with little to no previous experience. We'll discuss different yarns and knitting needles, and you'll learn the basics, including how to cast on, make knit and purl stitches, read a pattern, make a gauge swatch, bind off, and more! Attendees will choose a beginner project and purchase appropriate yarn later in the class. A \$10 material fee includes a pair of straight, size 8 (5mm) knitting needles, tapestry needle, and practice yarn, provided at first class. Instructor: *Clayton Leadbetter*

Fee: \$125/118 SR CIT+\$10
8 Sessions – Starts 3/4
No class: 4/15
Monday, 6:00 PM – 7:30 PM
Eric Smith – Room 106



SILVER & GOLD JEWELRY MAKING - Advanced Beginner

For those who have taken the beginner class or equivalent. Improve your skills and learn new ones. The course covers jewelry design, cutting metal, soldering, chasing and repousse, surface textures, finishing, polishing and cabochon stone setting. Prerequisite: Completed Silver and Gold Beginner. Instructor: *Ani Barber*

Fee: \$165/157 SR CIT+\$20
10 Sessions – Starts 2/14
No class: 2/21, 4/10, 4/17 and 5/8
Wednesday, 7:00 PM – 9:00 PM
Dater School - Art Room 146

SILVER & GOLD JEWELRY MAKING - Advanced

For those who have taken the beginner and advanced beginner classes and for the advanced student, design and make your own jewelry with guidance in design, techniques and soldering from the teacher. Prerequisite: Completed Silver and Gold Beginner and Advanced Beginner. Instructor: *Ani Barber*

Fee: \$165/157 SR CIT+\$20
10 Sessions – Starts 2/13
No class: 2/20, 4/9, 4/16 and 5/7
Tuesday, 7:00 PM – 9:00 PM
Dater School - Art Room 146

CNC CARVING

In this class you will gain basic knowledge about the design and carving process using a CNC machine. You will get to make your own small sign using the software and the CNC machine. Instructor: *George Chrisafis*

Fee: \$125/118 SR CIT+\$20
4 Sessions – Starts 3/28
No class: 4/18
Thursday, 6:30 PM – 8:30 PM
Ramsey High School – Room 117/Woodshop

WOODWORKING - All Levels

Each student will make their own style wooden clock while learning to safely use power and hand tools. This class is for all levels of woodworking skill. Students will be guided step by step in building the clock while safety, skill and technique is discussed during class. If you enjoy working with your hands and creating new things, this is your class! Instructor: *George Chrisafis*

Fee: \$125/118 SR CIT+\$25
4 Sessions – Starts 3/5
Tuesday, 6:30 PM – 8:30 PM
Ramsey High School – Room 117/Woodshop

CULINARY

FLAN - A Custard Dessert

Students will jointly participate in making an authentic Flan. The flan will need to be cooled about 4-6 hours before serving. However, the instructor and students will have a taste before leaving the class. Instructor will bring one 2 quart container with lid, one pressure cooker for the one flan made in class, and one flan form. Students will prepare the flan mix in class, but take it home to cook. Bring to class: apron, dish towel, oven mitts and 1.5 quart sealable container minimum (larger is ok). Instructor: *George Chrisafis*

Fee: \$45+\$10

1 Session – Starts 2/26

Monday, 6:00 PM – 8:30 PM

Ramsey High School – Culinary Arts 102

CHILLY DAY SOUPS

Let's keep warm and toasty with some homemade soups on those chilly days. Come join in the preparation of Italian Wedding Soup and Beef Barley Soup. We will add a Caesar salad with a delightful homemade dressing. Fresh garlic bread will be added to our menu to compliment. A tasteful time will be had by all. Bring to class: apron, dish towel and suitable containers to carry home hot soups. Instructor: *Joseph Scillieri*

Fee: \$50+\$40

1 Session – Starts 2/29

Thursday, 5:00 PM – 8:00 PM

Ramsey High School – Culinary Arts 102



MAKE AHEAD CHICKEN POT PIE

An easy, make ahead weekday staple packed with flavor. We will be making our own buttery, flaky crust and a quick roast chicken to make each mini pot pie. Let's not forget the homemade biscuits. Bring to class: apron, dish towel, take home containers and a grocery/reusable bag. Instructor: *Stephanie Ormaeche*

Fee: \$40+\$16

1 Session – Starts 3/6

Wednesday, 6:30 PM – 8:30 PM

Eric Smith School—Room 153/Cooking

APRICOT CAKE ROLL

Come and learn how to make a popular and easy dessert. In class, you will learn the secrets to rolling your sponge cake into a roll and putting your favorite apricot preserve as a filling. Students will enjoy a taste of what might become their favorite dessert. Bring to class: apron, dish towel, mixing bowl, mixing spoon, whisk and 9x13 baking tray.

Instructor: *George Chrisafis*

Fee: \$45+\$15

1 Session – Starts 3/18

Monday, 6:00 PM – 8:30 PM

Ramsey High School – Culinary Arts 102

MEDITERRANEAN DIET FOR HEALTHY EATING

The Mediterranean Diet emphasizes plant-based foods and healthy fats. The focus is a variety of veggies, fruits and whole grains. Research shows the Mediterranean Diet can lower your risk of cardiovascular disease and many other chronic conditions. Join Natural Foods Chef Christine Montenegro and learn easy, new and delicious recipes to expand your plant centered palate. Recipes are vegetarian, gluten and dairy free. Bring to class: water bottle, apron, dish towel and take home containers. Instructor: *Christine Montenegro*

Fee: \$40+\$15

1 Session – Starts 3/19

Tuesday, 6:30 PM – 8:30 PM

Ramsey High School – Culinary Arts 102

AUTHENTIC INDIAN COOKING

In this two night hands-on class you'll discover how to prepare delicious recipes. Night one: Khichdi - a medley of all veggies, spices, and rice enhanced with ginger, garlic and onion paste, Butter Chicken - chicken in a gravy with aromatic spices, Paneer Butter Masala - cheese cubes in a delicious gravy and Raita - yogurt sauce with added veggies. Night two: Vegetable Biryani - layered basmati rice with various veggies, Pepper Chicken - sauteed chicken with potatoes, onions and black pepper, Tomato Yogurt Chutney - cooked tomatoes in yogurt sauce, buttermilk, churned yogurt with added mild spices. Bring to class: apron, dish towel, paring and chopping knife, peeler and take home containers.

Instructor: *Subba Marellapudi*

Fee: \$60+\$45

2 Sessions – Starts 3/25

Monday, 7:00 PM – 9:00 PM

Ramsey High School – Culinary Arts 102

CULINARY

CHEESECAKE 101

A fancy dessert is always a great way to end any meal. In this class, each participant will prepare their own cheesecake to take home. We will use a homemade graham cracker crust or vanilla wafer crust. The choice will be up to your preference. You will decide whether to leave it plain or top it with a homemade fresh strawberry, blueberry or caramel glaze. Individual cheesecakes will be prepared for tasting in class. Bring to class: apron, dish towel, oven mitts and a cheesecake pan.

Instructor: *Joseph Scillieri*

Fee: \$50+\$35

1 Sessions – Starts 3/28

Thursday, 5:00 PM – 8:00 PM

Ramsey High School – Culinary Arts 102

THE ULTIMATE PORK DINNER

Come join us for a fun- filled evening as you fully participate in the preparation of a pork loin stuffed with fresh sauteed spinach, roasted peppers and fresh mozzarella. The meal will be complimented with scalloped potatoes and maple glazed carrots. We will finish off with dessert with lemon mousse. This class will leave a pleasant taste in your mouth. Bring to class: apron, dish towel and take home containers.

Instructor: *Joseph Scillieri*

Fee: \$50+\$40

1 Sessions – Starts 4/4

Thursday, 6:00 PM – 9:00 PM

Ramsey High School – Culinary Arts 102

MELOMAKARONA - Greek Honey Cookies -

Come and learn how to make these incredibly delicious Greek cookies from A-Z. You will be constantly baking them for your loved ones! In class, you will prepare the syrup and shape the cookies. Then you will take the unbaked tray home to bake within a couple of days. In the meantime, each student gets to taste these delicious cookies baked during class. Bring to class: apron, dish towel, mixing bowl, mixing spoon, whisk and 9x13 baking tray. Instructor: *George Chrisafis*

Fee: \$45+\$20

1 Sessions – Starts 4/8

Thursday, 6:00 PM – 8:30 PM

Ramsey High School – Culinary Arts 102

GARLICKY SHRIMP SCAMPI with PASTA

A garlicky shrimp scampi is an easy meal that is full of fresh flavors from the lemon and parsley. Shrimp scampi can be eaten on its own or how we will make it, with pasta. We will also be making a Caesar salad, making our own quick and easy Caesar dressing. Bring to class: apron, dish towel, take home containers and a grocery/reusable bag.

Instructor: *Stephanie Ormaeche*

Fee: \$40+\$18

1 Session – Starts 4/24

Wednesday, 6:30 PM – 8:30 PM

Eric Smith School – Room 153/Cooking

BLOOD SURGAR BALANCING FOODS

A plant-centered way of eating rich in whole grains, healthy fats, vegetables, legumes, nuts, and seeds is the ideal way to help balance blood sugar levels and may help reduce your risk of major chronic disease. Join Natural Foods Chef Christine Montenegro and learn easy, new and delicious recipes to expand your plant centered palate. Recipes are vegetarian, gluten and dairy free. Bring to class: water bottle, apron, dish towel and take home containers.

Instructor: *Christine Montenegro*

Fee: \$40+\$15

1 Session – Starts 4/30

Tuesday, 6:30 PM – 8:30 PM

Ramsey High School – Culinary Arts 102

SPRINGTIME GRILLING - Skirt Steak

Grilling is fun, fast, and easy. Come join us in the preparation of skirt steak with a homemade marinade. We will garnish our dish with a grilled vegetable platter of asparagus, tomatoes, carrots, yellow zucchini, green zucchini, and red onion. We will prepare a vinaigrette with fresh herbs for the veggies. Lastly, we will grill fresh fruits of the season. This will be a culinary experience you won't want to miss. Bring to class: apron, dish towel, paring knife and take home containers. Instructor: *Joseph Scillieri*

Fee: \$50+\$40

1 Session – Starts 5/9

Tuesday, 6:00 PM – 9:00 PM

Ramsey High School – Culinary Arts 102



DANCE

COUNTRY FUSION LINE DANCING - Beginner

Country Fusion Beginners - A dance and fitness workout that incorporates country music and dance. You will burn calories while learning many of the actual country line dances that are popular across the country. All dances are broken down into easy step-by-step pieces, incorporating country, latin and jazz moves. No prior dance experience is needed, it's a great class for men and women of all ages and fitness levels. Every class is a dance party! Wear comfortable clothes. Bring to class: water bottle. Instructor: *Dee Dennin-Mebane*

Fee: \$140/133 SR CIT

10 Sessions – Starts 2/29

No class: 3/7 and 4/18

Thursday, 7:15 PM – 8:15 PM

Hubbard School – Gym (Enter from West Oak Street)

COUNTRY FUSION LINE DANCING - Intermediate

Country Fusion Intermediate - A dance and fitness class for those who are ready to kick it up a notch! This class builds on what you have already learned. After a quick review of the basic steps and dances taught in the beginner class, we will move on to more advanced choreography, learning new dances, and bringing the dance party to the next level! This class will move a bit faster than the beginner class, so prior line dance experience will be helpful, but is not required. This class is the hottest dance party around. Wear comfortable clothes. Bring to class: water bottle. Instructor: *Dee Dennin-Mebane*

Fee: \$140/133 SR CIT

10 Sessions – Starts 2/27

No class: 3/19, 4/2 and 4/16

Tuesday 7:15 PM – 8:15 PM

Hubbard School – Gym (Enter from West Oak Street)

LATIN DANCE - Salsa, Bachata and Merengue

Your dance instructor will show and teach you the beginning steps of learning the Salsa, Bachata and Merengue. It will consist of learning the history, music, different body actions, arm styling and different techniques while learning the basic structured steps. You will also learn the footwork and partnering connections to take it onto a social floor. A partner is recommended but not required. Instructor: *Matt Hauer*

Single Fee: \$115/109 SR CIT

Double Fee: \$200/191 SR CIT

8 Sessions – Starts 3/4

No class: 4/15

Monday, 8:00 PM – 9:00 PM

Hubbard School – Gym (Enter from West Oak Street)

SOCIAL BALLROOM AND LATIN DANCE - Intermediate

Let's soothe our souls and improve our dancing in this Intermediate dance class. We will add some more variations with the Foxtrot, Rumba, Cha-Cha and Swing and introduce Tango and Waltz. Completion of the Beginner class is a must. Experience how dancing can add excitement, fun, and healthy exercise to your life. Enrich your world with the sounds of wonderful music. Please sign up with a partner (price is per couple). Wear to class: soft or suede leather soles for hardwood floors.

Instructor: *Matt Hauer*

Fee: \$200/191 SR CIT

8 Sessions – Starts 3/4

No class: 4/15

Monday, 7:00 PM – 8:00 PM

Hubbard School – Gym (Enter from West Oak Street)



TAP DANCE - Beginner to Advanced Beginner

Hear your feet tapping to the sounds of Broadway, Jazz, and the Classics while you learn and review the Shim Sham, Waltz Clog, Shuffle Off to Buffalo, and other classic tap steps. Learn routines to show off to your friends and family. Tap dancing is great exercise for both the mind and body in addition to being a lot of fun for everyone. Dress comfortably. Wear soft sole shoes or tap shoes. Instructor: *Jackie Gersht*

Fee: \$135/128 SR CIT

10 Sessions – Starts 2/28

No class: 3/20, 4/3 and 4/17

Wednesday, 6:30 PM – 7:30 PM

Hubbard School - Cafeteria

PERFORMING

ACTING AND COMEDY WORKSHOP

This popular course includes improv exercises, theatre games, character creation, comedic monologues and more! Join the fun! Instructor: *Bernice Wood-Harris*

Fee: \$150/142 SR CIT

8 Sessions – Starts 2/27

No class: 4/16

Tuesday 7:00 PM – 9:00 PM

Dater School - Enrichment Room 143

STUDIO

WATERCOLOR - All Levels

Beginners along with non-beginners are welcome. Lessons on color, value and techniques will be taught. A demonstration will be given at each class for both levels. Subject matter changes each session, and may include flowers, landscape, portraits, figures or still life. Supply list will be emailed prior to start of class.

Instructor: *Peggy Dressel*

Fee: \$165/157 SR CIT + \$10

8 Sessions – Starts 3/5

No class: 4/16

Monday, 7:00 PM – 9:00 PM

Eric Smith School - Art Room 152

INTRO TO CERAMICS

Create functional and sculptural ceramic pieces while learning foundational hand building techniques in clay. Begin with the fundamentals of hand building and create pieces utilizing pinch, coil, and slab construction. Students will also learn to glaze their clay creations in order to make them watertight and food safe.

Instructor: *Danielle Robertson*

Fee: \$95/90 SR CIT + \$45

5 Sessions – Starts 2/26

Monday, 5:00 PM – 6:30 PM

Ramsey High School - Art Room 215



LANGUAGE

ITALIAN - Beginner

This course will introduce you to the beginner grammatical features of this rich, romantic, and beautiful language. Basic vocabulary building, listening comprehension, pronunciation, and speaking ability will be the focus of this class. At the end of this course, you will learn the skills necessary for basic daily communication and simple interactions while traveling in Italy.

Required text: *Italian Made Simple* (ISBN 978-0-7679-1539-7), available at Amazon.com or Barnes & Noble.

Instructor: *Giovanni Pilosio*

Fee: \$130/117 SR CIT

9 Sessions – Starts 2/28

No class: 4/3

Wednesday, 6:00 PM – 7:30 PM

Midland Park High School - Room 44

ITALIAN - Intermediate II

This course will focus on more advanced structures of the Italian language and their use in appropriate contexts. We will also continue to explore more idioms, together with the pronominal verbs. In this course we will be working from the textbook “*Italian Made Simple*” and from additional material which will be provided by the instructor. This course is for those who have completed Italian Beginner or Italian Intermediate I classes. Also, anyone who feels they have the appropriate skills based on the description is free and welcome to join us! Instructor: *Giovanni Pilosio*

Fee: \$130/117 SR CIT

10 Sessions – Starts 2/28

No class: 4/3

Wednesday, 7:30 PM – 9:00 PM

Midland Park High School - Room 44

FRENCH I - Basic

For the beginning student. Students will learn everyday expressions which may be helpful when traveling to a French speaking country. We will cover greetings, salutations and basic conversations. Instructor: *Helene Donovan*

Fee: \$130/117 SR CIT

9 Sessions – Starts 3/6

Wednesday, 6:00 PM – 7:30 PM

Midland Park High School - Room 42

LANGUAGE

FRENCH CONVERSATION - Intermediate

This is a conversational class that will cover various topics such as current affairs, culture, sociology, history, etc. This is a class that requires a basic level of oral French and French conversation. Instructor: *Helene Donovan*

Fee: \$130/117 SR CIT
9 Sessions – Starts 3/6
Wednesday, 7:30 PM – 9:00 PM
Midland Park High School - Room 42

COMPUTER

BASIC COMPUTER and INTERNET FUNCTIONS

Gain a better understanding of your computer setting functions. Where can I find my settings? Where are my programs? How to trouble shoot minor computer issues. How to safely browse the internet. How to protect my computer against viruses. (Virus protection program suggestions). Instructor: *Tyler Henry*

Fee: \$50
1 Session – Starts 3/4
Monday, 6:30 PM – 8:30 PM
Midland Park High School – Room 58

NAVIGATING MY EMAIL

Learn how to effectively set up and use your email. Set up folders and save important emails. How to find your junk mail. How to delete unwanted emails. How to forward emails. How to open attachments and save them on your computer. Instructor: *Tyler Henry*

Fee: \$50
1 Session – Starts 4/8
Monday, 6:30 PM – 8:30 PM
Midland Park High School – Room 58

USING MY IPHONE

This course will teach you how to easily use your iPhone. Setting up your apple wallet, downloading apps. Using NOTES and how to set up your email are just a few topics that will be covered. Bring to class: iPhone. Instructor: *Tyler Henry*

Fee: \$50
1 Session – Starts 5/6
Monday, 6:30 PM – 8:30 PM
Midland Park High School – Room 58



EXERCISE

CARDIO CROSS TRAINING

Burn calories and build muscle with high intensity cardio combined with full body strength training utilizing cardio drills, calisthenics, and core training. Bring to class: mat, hand weights and water bottle. Instructor: *Becky Shields*

Fee: \$135/128 SR CIT
10 Sessions – Starts 2/26
No class: 4/15
Monday, 6:30 PM – 7:30 PM
Tisdale School – Gym



CHAIR YOGA

Chair Yoga embraces all aspects of a traditional yoga class (breathing, stretching, balancing, strengthening, relaxing etc.) but modified to be done with the support of a chair, either seated or standing. This class is suitable for beginners, older adults and students with physical limitations or disabilities. Chair yoga helps participants strengthen large and small muscle groups, increases range of motion and flexibility, reduces stress and cultivates body awareness and a sense of well being. Bring to class: water bottle and mat. Instructor: *Carrie Dye*

Fee: \$135/128 SR CIT
10 Sessions – Starts 2/29
No class: 4/18
Thursday, 5:00 PM – 6:00 PM
Dater School - Room 143

KUNDALINI YOGA AND MEDITATION SERIES

Journey through the Chakras for Inner and Outer Wellbeing. Kundalini yoga is a form of yoga that combines chanting, meditation, breathing exercises, and repetitive poses. The practice is designed to activate your vital life force energy up and through the chakras along your spine. Its goal is not only to make the body stronger and more energetic but also to increase your level of self-awareness and consciousness. This 7 week workshop will be targeting a new chakra and corresponding organ with a kriya, meditation, and sound healing gong bath. Bring to class: water bottle, yoga mat, seat cushion and light blanket. Instructor: *Christine Montenegro*

Fee: \$145/138 SR CIT
7 Sessions – Starts 3/6
No class: 4/17
Wednesday, 6:00 PM – 7:30 PM
Tisdale School – Gym

EXERCISE

PICKLEBALL - Beginner

Come learn the fastest growing sport in America! For those brand new to the game or those who have been playing but have never taken a formal lesson before. Classes include all the basic shots in the game, court positioning, etiquette, rules and scoring, and are taught by certified pickleball instructors. All equipment is provided. Participants must wear sneakers and comfortable clothing. Bring to class: water bottle.

Instructor: *Kevin Smith*

Fee: \$165/157 SR CIT

5 Sessions – Starts 2/15

No class: 2/22

5 Sessions - Starts 4/4

No class: 4/18

Thursday, 6:30 PM – 8:00 PM

Dater School – Gym

PICKLEBALL - Intermediate

This class is for those who have taken the beginner pickleball class or who have played for at least 6 months. Classes include all the basic shots in the game, court positioning, etiquette, rules and scoring, and are taught by certified pickleball instructors. All equipment is provided. Participants must wear sneakers and comfortable clothing. Bring to class: water.

Bring to class: water bottle. Instructor: *Kevin Smith*

Fee: \$165/157 SR CIT

5 Sessions – Starts 2/14

No class: 2/21

5 Sessions - 4/3

No class: 4/17 and 5/8

Wednesday, 6:30 PM – 8:00 PM

Dater School – Gym

TAI CHI and QI GONG for HEALTH - Level I

Tai Chi & Qi Gong are branches of Chinese Medicine practiced for good physical and mental health. Tai Chi's flowing movements increase brain plasticity and build strength. It's also shown to improve balance to reduce the risk of falls. Qi Gong (pronounced "Chee Gong") are gentle exercises to strengthen and stretch the body, increase fluid movement & cultivate life energy. Both Tai Chi & Qi Gong help to calm the nervous system. These practices will not strain the body. No experience needed. This class will practice Qi Gong warmups, Tai Chi walking meditation and the beginning of the Yang Style Tai Chi form. Wear comfortable loose fitting clothes and supportive shoes. Bring to class: water bottle. Instructor: *Lisa Marie Russell*

Fee: \$115/109 SR CIT

10 Sessions – Starts 2/13

No class: 2/20 and 4/16

Tuesday, 6:00 PM – 6:45 PM

Tisdale School – Gym

TAI CHI and QI GONG for HEALTH - Level II

This Level II class is for those who took the Tai Chi & Qi Gong class in the Fall and learned the first part of Yang Style form. Level II will review where we left off and go deeper into the form. Tai Chi & Qi Gong are branches of Chinese Medicine practiced for good physical and mental health. Tai Chi's flowing movements increase brain plasticity and build strength. It's also shown to improve balance to reduce the risk of falls. Qi Gong (pronounced "Chee Gong") are gentle exercises to strengthen and stretch the body, increase fluid movement & cultivate life energy. Both Tai Chi & Qi Gong help to calm the nervous system. These practices will not strain the body. Wear comfortable loose fitting clothes and supportive shoes. Bring to class: water bottle. Instructor: *Lisa Marie Russell*

Fee: \$115/109 SR CIT

10 Sessions – Starts 2/13

No class: 2/20 and 4/16

Tuesday, 7:00 PM – 7:45 PM

Tisdale School – Gym



VINYASA YOGA

Enjoy a slow, flowing yoga class, exploring fundamentals of alignment as we open and stretch the hips and shoulders. Stretch and strengthen the spine in a fun and safe way using breath awareness techniques, known as pranayama. Build strength and flexibility in a fun and safe way, where we gather our energy to cultivate healing, strength, and inner peace. Start where you are; all levels welcome. Bring to class: mat, water bottle.

Instructor: *Lisa Goldstein*

Fee: \$135/128 SR CIT

10 Sessions – Starts 2/26

No class: 4/15

Dater School – Gym

EXERCISE

FITNESS HIKES - Beginner to Intermediate

This hike is for active people who are comfortable hiking outdoors. We will meet at the Ramapo Valley County Reservation and hike various scenic trails throughout this beautiful park. It's tailor made for beginners and intermediate hikers. If you've never hiked before or can't remember the last time you did, this group is for you! You will learn skills that will get you up the mountain safely and efficiently. Enjoy the fall landscape while hiking 3-4 miles to train your heart. You will build core and muscle strength at scenic stops by stretching and completing core exercises. The view on these trails is breath-taking. Participants must have stamina to complete the hike. Wear self-wicking clothes and footwear for outdoor terrain. Bring to hike: water, bug repellent. Instructor: *Joseph Tobin*

Fee: \$95/90 SR CIT

3 Sessions – Starts 4/28

Sunday, 10:00 AM – 12:00 PM

Ramapo Reservation

SPORTS

KAYAKING BASICS FOR BEGINNERS

This one night class is for anyone that is interested in kayaking wants to know the basics of kayaking. This class will introduce you to the fundamentals of kayaking. You will learn about proper strokes and paddling technique. I will also teach the basics of water safety, trip planning, and how to have an enjoyable time on the water. This is a great way to build a new skill set or improve upon what you already know about kayaking. Instructor: *Joseph Tobin*

Fee: \$25

1 Session – Starts 5/22

Wednesday, 7:00 PM – 8:00 PM

Dater School—Room 143

VOLLEYBALL CO-ED - Advanced

This course is for the advanced player that has extensive volleyball experience and a firm understanding of game play. You must be able to bump, pass, set and hit, and spike effectively. Players must be 18 and older. No beginner or intermediate level players should sign-up for this course. RCS reserves the right to change your placement, based on instructor input, to ensure the correct playing level for your safety and the safety of others. Please be courteous and arrive on time. Bring to class: water bottle. Instructor: *Thomas Harper*

Fee: \$135/128 SR CIT

10 Sessions – Starts 2/13

No class: 2/20, 4/16, 4/23 and 5/7

Tuesday, 8:15 PM – 9:45 PM

Dater School – Gym

VOLLEYBALL CO-ED - Intermediate

This course is for the intermediate player that has some volleyball experience and understanding of game play. Players must be 18 and older. No beginner or advanced level players should sign-up for this course. RCS reserves the right to change your placement, based on instructor input, to ensure the correct playing level for your safety and the safety of others. Please be courteous and arrive on time. Instructor: *Thomas Harper*

Fee: \$135/128 SR CIT

10 Sessions – Starts 2/13

No class: 2/20, 4/16, 4/23 and 5/7

Tuesday, 6:45 PM – 8:15 PM

Dater School – Gym

TGA GOLF CLINICS - Beginner

Tee it up and have fun with TGA. Our multi-week program is ideal for adults new to the game of golf or just starting their golf journey. For adults, golf can be a great way to learn a lifelong sport that provides a way to stay active and prepare for the golf course. From proper fundamentals and rules/etiquette, TGA Trained Coaches teach students everything about the game. The program is designed to refine skill, achieve success, and provide a pathway to keep playing. Bring to class: water, at least 1 iron wedge or 7 iron and a putter. Instructor: *Kevin Rooney*

Fee: \$150/142 SR CIT

5 Sessions – Starts 3/4

Monday, 7:30 PM – 8:30 PM

Tisdale School - Gym

TGA GOLF CLINICS - Intermediate

Tee it up and have fun with TGA. This intermediate golf class is designed for adults who have a basic understanding of the game and are looking to improve their skills. The class will cover a variety of topics, including: proper grip and stance, swing mechanics, short game basics and course strategy. Bring to class: water bottle, at least 1 iron wedge or 7 iron and a putter. Instructor: *Kevin Rooney*

Fee: \$150/ 142SR CIT

5 Sessions – Starts 3/4

Monday, 8:30 PM – 9:30 PM

Tisdale School - Gym



SPORTS

BOATING SAFETY & CERTIFICATION

This boating safety course is designed to appeal to all recreational boaters including those who cannot find time for a full, comprehensive boating safety course. This course is approved by the National Association of Boating Law Administrators and meets all of the requirements for NJ certification for all vessel operators. Completion of this course will provide the students with NJ Boating navigation rules, PWC and small boat handling, emergency measure and courtesy. This course satisfies the new mandatory NY Boating Safety Education requirements. Students are required to attend all 8 hours of instruction to obtain certification. Students 13 to 18 years of age must register with an adult for this class. Bring to class: A bagged lunch and pen.
Instructor: *Pat Ermillio*

Fee: \$85

1 Sessions – Starts 3/9

Monday, 8:30 AM – 5:00 PM

Eric Smith School - Room 116

HEALTH & WELLNESS

HEARTSAVER ADULT & CHILD CPR/AED & INFANT CPR with FIRST AID COURSE

With this combination class, you will be registering for both the Heartsaver Adult & Child CPR/AED with Infant CPR class and the Heartsaver First Aid class at the same time and save money! See the individual class schedules for details.

Instructor: *Richard Vander Wall*

Fee: \$150

2 Sessions – Starts 3/5

Tuesday, 6:15 PM – 9:15 PM

Dater School - Cafeteria

HEARTSAVER ADULT and CHILD CPR/AED with INFANT CPR

Heartsaver CPR AED is a video-based, instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children, and infants. This course teaches skills with the AHA's research proven practice while watching techniques, which allow instructors to observe the students, provide feedback, and guide the students' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements.

Instructor: *Richard Vander Wall*

Fee: \$90

1 Session – Starts 3/5

Tuesday, 6:15 PM – 9:15 PM

Dater School - Cafeteria

HEARTSAVER FIRST AID

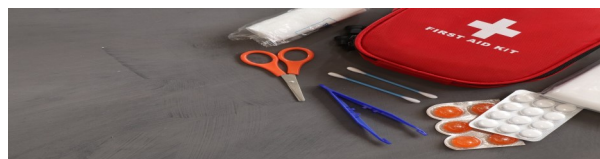
Heartsaver First Aid teaches critical skills to respond to and manage an emergency in the first few minutes until emergency medical services arrives. Learn first aid actions for choking, heart attack, and stroke victims as well as skills for handling injury and environmental emergencies including external bleeding, broken bones, sprains, bites and stings. This class is for people with limited or no medical training. Upon completion, you'll receive an American Heart Association Heartsaver First Aid certification card valid for 2 years. Instructor: *Richard Vander Wall*

Fee: \$90

1 Session – Starts 3/12

Tuesday, 6:15 PM – 9:15 PM

Dater School - Cafeteria



MIND AND BODY

WEIGHTLOSS - Learn Mindfulness Eating and Self-Hypnosis

Lose weight easily, safely and permanently. In these two evenings you will learn how to eliminate your desire to overeat and feel full sooner, naturally, through hypnosis. You will learn self-hypnosis techniques for lifelong results. This is a safe and proven method. It does not involve the use of diets, pills, will power or calorie counting. We use clinical imagery, relaxation therapy and post-hypnotic suggestion to support you in a safe and permanent weight loss.

Instructor: *Lindsey Sass*

Fee: \$60

2 Sessions – Starts 2/29

Tuesday, 7:00 PM – 8:30 PM

Dater School – Room 143

DISCOVER YOUR PAST LIFE REGRESSION

Experience a journey back to a previous lifetime! In this workshop you will be guided on a journey, back to find and free yourself from old patterns and remnants of the past that may be hindering you today. We will explore the use of regression, intuition, dreams, meditation and free-association for past life recall. Core issue blocks, fears in relationships, health, prosperity and spirituality can be transformed through past life regression. You will experience an actual group past life regression.

Instructor: *Lindsey Sass*

Fee: \$60

2 Sessions – Starts 4/4

Tuesday, 7:00 PM – 8:30 PM

Dater School – Room 143

MIND AND BODY

TIBETAN BUDDHISM TEACHINGS and PRACTICUM

Experience ancient secret breathing and meditations practices taught by and to Lindsey Sass. Tibetan Masters: Lamchen Gylapo Rinpoche and Phakya Rinpoche author of *Meditation Saved My Life*. Learn specific ancient breathing techniques to improve your health proven through scientific findings. Mantras and Symbols will be given to create inner calm abiding, happiness, and peace. Attested by His Holiness The 14th Dalai Lama. The History and story of Buddha's teachings. Tibetan Buddhism (500-1200 CE) evolved as a form of Mahayana (Middle Way) Buddhism stemming from the latest stages of Indian Buddhism. It thus preserves many Indian Buddhist tantric practices (quick way to enlightenment). Instructor: *Lindsey Sass*

Fee: \$60

2 Sessions – Starts 4/25

Tuesday, 7:00 PM – 8:30 PM

Dater School – Room 143

SPECIAL INTEREST

BRIDGE

Have fun learning how to play the exciting game of Bridge. This Bridge class is for beginners and people returning to bridge after some years. Join us! Instructors: *Pat and Fred Linneymeyer*

Fee: \$165/157 SR CIT

8 Sessions – Starts 3/6

No class: 3/13, 4/17 and 5/8

Tuesday, 6:30 PM – 8:00 PM

Dater School – Room 147

MAH JONGG

Learn the modern American version of the Ancient Chinese game of Mah Jongg. Four people play the game at one time, but each plays for them self. The game is similar in concept to Gin Rummy, but it employs more skill than luck. The game is not as difficult to learn as Bridge. Betting will not be discussed.

Instructor: *Arlene Castleman*

Fee: \$119/113 SR CIT +\$3

8 Sessions – Starts 3/12

No class: 4/16

Tuesday, 4:00 PM – 6:00 PM

Dater School – Faculty Room



SUCCULENT DISH GARDEN

Bring the beauty and easy care of succulents to your home with this live Succulent Dish Garden. Succulents are loved by beginner gardeners as well as seasoned green thumbs for their hardy nature and lovely structured form that makes them ideal for this fun craft. These are great Mother's Day gifts, teacher's gifts, or to show off in your home! Instructor: *Barbara Addon*

Fee: \$40 + \$30

1 Session – Starts 4/9

Tuesday, 6:30 PM – 8:00 PM

Midland Park High School – Room 40

DAY TRIPS

PHILADELPHIA FLOWER SHOW - "United by Flowers"

United by Flowers celebrates the colorful community that comes together to share in their love of gardening, flowers, and plants, and the impact they make on our lives all year round. This year's theme honors this flower-filled world and all the unique people at the heart of the Flower Show—from trend-setting professional designers to amateur competitors who have been submitting plants for blue ribbons for decades, from fashionistas in floral attire looking for the ultimate selfie, to generations of families and crowds of friends who make it an annual tradition that ushers in the spring season. Reading Terminal Market for lunch on own.

Date: Thursday, 3/7

Time: 9:00 AM – 5:00 PM

Pick-up: Faith Reformed Church, Midland Park

Price: \$99

THE BEAUTIFUL HUDSON RIVER VALLEY - Culinary

Delights and Spectacular Natural Beauty

Delight in some of the treasures found within the Hudson River Valley. We begin our day at the famous Culinary Institute of America located in Hyde Park, NY. Participate in a brief tour (led by a student) of this award-winning school which has produced many famous chefs that ends with a gourmet lunch at the American Bounty Restaurant. Our lunch consists of a special salad, specially prepared chicken breast with vegetables and a unique potato dish. A cheesecake dessert with coffee and tea will complete our delicious meal. Iced tea will also be included. We will also have time to shop in their beautiful kitchen store. After lunch we will head to Highland, NY for a unique GUIDED "Walk Over the Hudson Walkway." This walkway was converted from a former railroad track and passes through breathtaking scenery including the Hudson River. The length of our walk is approximately 4 blocks, however, there is a tram available for 10 people. Comfortable walking shoes are recommended. Tour led by: Melinda Scarso

Date: Thursday, 4/11

Time: 8:30 AM – 5:00 PM

Pick-up: Faith Reformed Church, Midland Park

Price: \$130

DAY TRIPS

LONGWOOD GARDEN - Spring Blooms

Spring into Something New... Relax, Renew, and Recharge all amongst the splendor of spring. From the millions of tiny spring-has sprung geophytes that begin the season, to the flowering trees and their splashes of color throughout our Gardens, to vividly iconic tulips that follow, the uplifting feeling of new, spectacular beauty is everywhere this season. Lunch on your own.

Date: Thursday, 4/18
Time: 9:00 AM – 6:00 PM
Pick-up: Faith Reformed Church, Midland Park
Price: \$89

PEDDLER'S VILLAGE - Strawberry Festival

Strawberry fun at Peddler's Village since 1978! Celebrate berry sweet traditions at this Strawberry Festival. The weekend will include strawberry-themed food, beverages, live music, food trucks, kids' activities, and shop specials. Rain or shine. During the month of May, savor strawberry-themed food and drink specials served every day in the restaurants and eateries.

Date: Saturday, 5/4
Time: 9:00 AM – 5:00 PM
Pick-up: Midland Park High School
Price: \$59



KENTUCKY DERBY FUN - Meadowlands Racetrack

The greatest two minutes in sports – the 150th running of the Kentucky Derby from Churchill Downs. Takes place on Saturday, May 4 and the Meadowlands Racetrack is the best place to watch and wager. Live harness racing kicks off at 6:24 pm. Trip includes viewing in a private skybox with a gourmet food buffet. For more fun, ladies are welcome to express their fashion sense and style by wearing their best Derby Day hat and enter the Meadowlands Racetrack Hat Contest.

Date: Saturday, 5/4
Time: 4:30 PM – 10:00 PM
Pick-up: Midland Park High School
Price: \$180

A JERSEY SHORE ADVENTURE - Lunch at Rooney's

Join us for a very unique day at the Jersey Shore. We begin with a stop at Mount Mitchell located in Atlantic Highlands. This scenic overlook at 266 feet sits on the HIGHEST natural elevation on the Atlantic seaboard providing beautiful views and photo opportunities in addition to the sweeping 9/11 Memorial by the Sea dedicated to the people in Southern Jersey. We then lunch at Rooney's in Long Branch. A lovely restaurant with spectacular ocean views for a delicious lunch including 2 types of salad, two appetizers, 3 entrees, and cheesecake for dessert, includes coffee, tea, soda, ice tea (cash bar). Our last stop will be lovely Spring Lake for a fascinating guided tour of their museum by members of the Spring Lake Historical Society. Our guide will then take us to the center of town where we will receive a brief orientation and then have some free time to shop and browse the many lovely shops or just stop for an ice cream. A little bit of everything will make a fascinating and pleasurable day! Please wear comfortable walking shoes. Tour led by Melinda Scarso.

Date: Thursday, 5/9 (WAITLIST ONLY)
Time: 9:00 AM – 6:30 PM
Pick-up: Faith Reformed Church, Midland Park
Price: \$110

NYC DAY TRIP FEATURING THE NEW STATUE OF LIBERTY MUSEUM and 9/11 MUSEUM - Dinner at Puglia

Join us as we take a ferry ride to visit the NEW Statue of Liberty Museum. With its combination of breathtaking views and living history, the Statue of Liberty Museum stands as an inspiring and dynamic part of the Liberty Island experience, inviting visitors to dive into the story behind the sculpture and immerse themselves in unique artifacts. Our visit also includes Ellis Island and the 9/11 Memorial Museum. Dinner provided in NYC at Puglia in Little Italy. Please wear comfortable shoes. Modest walking.

Date: Wednesday, 5/15
Time: 7:30 AM – 8:30 PM
Pick-up: Faith Reformed Church, Midland Park
Price: \$210



DAY TRIPS



GUGGENHEIM MUSEUM - Lunch at Carmine's

Designed by celebrated architect Frank Lloyd Wright, the Solomon R. Guggenheim Museum is admired for its unique architecture as much as it is for its globe-spanning art collection. The modern structure with its rotunda shape beautifully punctuates the concrete jungle of the Big Apple. It houses a comprehensive selection belonging to numerous collectors, curators and art aficionados from across the world. Visit thought-provoking exhibitions of modern and contemporary art. This is a self-guided tour. Then it's off to Carmine's Uptown for a DELICIOUS family style lunch. Last stop is Zabars Market, a NY International Food institution since 1934. We will have time to shop and take home some delectable delights! Please wear comfortable walking shoes. Group Escort: Melinda Scarso

Date: Thursday, 5/23
Time: 9:30 AM – 6:00 PM
Pick-up: Faith Reformed Church, Midland Park
Price: \$145

ATLANTIC CITY...HOP ABOARD!

Hop aboard this unique bus and cruise trip to Atlantic City. Start your day on a narrated morning cruise along the oceanfront skyline of Atlantic City. Experience the Atlantic breeze and beautiful panoramic views while learning about the Atlantic City Boardwalk. Next, you will head to the Tropicana Casino for lunch and some gambling fun. Price includes: bus, 1 hour cruise, \$20 slot play, \$15 food voucher.

Date: Thursday, 6/20
Time: 8:00 AM – 8:00 PM
Pick-up: Faith Reformed Church, Midland Park
Price: \$99

ESSEX STEAM TRAIN & RIVERBOAT CRUISE

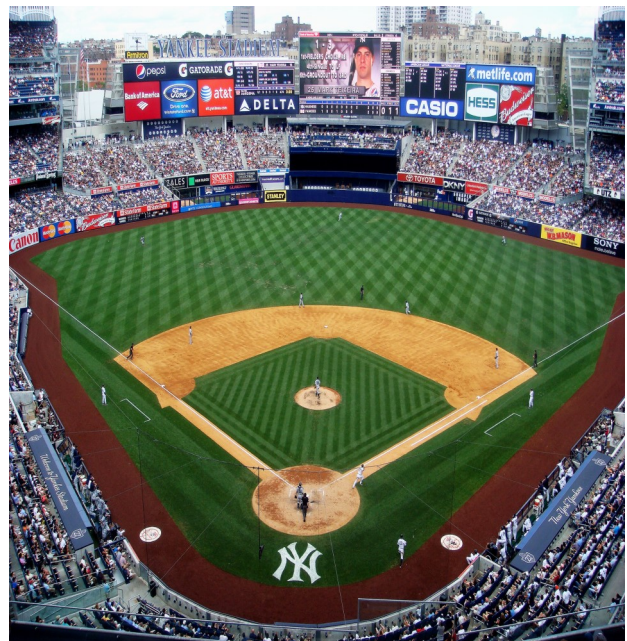
Essex Station, you'll board vintage rail cars pulled by an authentic steam locomotive. On the train excursion you will enjoy a three course lunch in one of their beautiful lunch rail cars. Lunch choices are: Braised Beef, Mushroom Asiago Chicken, or Baked Ziti. Please indicate your meal choice when registering. The train meanders through the scenic countryside to Deep River Landing, where you're escorted onto the Becky Thatcher Riverboat. Aboard Becky's 1-1/4 hour cruise along the Connecticut River, you'll delight in breathtaking scenery and view historic landmarks such as Gillette Castle and Goodspeed Opera House. When Becky returns to Deep River Landing, the steam train welcomes you for the return trip to Essex Station.

Date: Monday, 6/24
Time: 8:00 AM – 6:15 PM
Pick-up: Faith Reformed Church, Midland Park
Price: \$145

SUMMER YANKEE GAME - Food Voucher and Souvenir

Group outings to Yankee Stadium create happy memories that last a lifetime. Join us in Section 233 as the Yankees take on the Tampa Bay Rays. Outing includes ticket to the game, giveaway and \$20 food voucher. Please note, ALL TICKETS are DIGITAL and you MUST have a smart phone to accept ticket transfers electronically. One person in your group can accept all the ticket transfers.

Date: Sunday, 7/21 PM
Time: 10:00 AM – 7:00 PM
Pick-up: Midland Park High School
Price: \$155



THEATRE AND SHOWS

HARMONY at Barrymore Theatre - Lunch at Havana Central

In the 1920s and 30s, The Comedian Harmonists sold millions of records, made dozens of films, and sold-out the biggest theaters around the world. Their heavenly harmonies and musical comedy antics catapulted these six talented young men from singing in the subway tunnels of Berlin to international superstardom. What happened next is the story of Harmony, created by Barry Manilow and Bruce Sussman. Lunch at the popular Cuban Restaurant Havana Central. 2:00 PM curtain. Side Orchestra seating. **MATINEE IS ON THURSDAY FOR THIS SHOW!**

Date: Thursday, 2/1 (NEW DATE)

Time: 10:30 AM – 5:30 PM

Pick-up: Faith Reformed Church, Midland Park

Price: \$170

CELTIC WOMAN 20 ANNIVERSARY TOUR at Ike Hall

West Point - Lunch at the '76 House

CELTIC WOMAN is comprised of four young Irish women whose performing skills bring centuries of musical and cultural tradition to life. In concert, their angelic voices and instrumental virtuosity are accompanied by a robust ensemble that includes Irish dancers, bagpipers and a full band playing an array of traditional Celtic instruments. Celtic Woman has sold over ten million CDs and DVDs, making it the only all-female act to achieve multi-platinum success in the classical crossover and world music genres during the past decade. Lunch at The '76 House (tip included) includes salad, 76 Famous Yankee Pot Roast, Pan-Roasted Faroe Island Salmon, Chicken Marsala. Pasta Primavera and dessert. Please indicate your meal selection when registering.

Date: Sunday, 3/24

Time: 11:00 AM – 6:30 PM

Pick-up: Ramsey High School parking lot

Price: \$159

DAYS OF WINE and ROSES at Studio 54 Theatre

Kelli O'Hara and Brian d'Arcy James star in a searing new musical about a couple falling in love in 1950s New York and struggling against themselves to build their family. The New York Times calls Days of Wine and Roses "a jazzy, aching new musical with wells of compassion!" (Critic's Pick) and The Washington Post raves, "Kelli O'Hara and Brian d'Arcy James soar! One of the best new musicals this year." 7:00 PM curtain. Rear Orchestra seating.

Date: Thursday, 4/4

Time: 4:00 PM – 11:00 PM

Pick-up: Tisdale School

Price: \$149

& JULIET at Stephen Sondheim Theatre

Created by the Emmy®-Winning writer from "Schitt's Creek," this hilarious new musical flips the script on the greatest love story ever told. & Juliet asks: what would happen next if Juliet didn't end it all over Romeo? Get whisked away on a fabulous journey as she ditches her famous ending for a fresh beginning and a second chance at life and love—her way. Juliet's new story bursts to life through a playlist of pop anthems as iconic as her name, including "Since U Been Gone," "Roar," "Baby One More Time," "Larger Than Life," "That's The Way It Is," and "Can't Stop the Feeling!"—all from the genius songwriter/producer behind more #1 hits than any other artist this century. Break free of the balcony scene and get into this romantic comedy that proves there's life after Romeo. The only thing tragic would be missing it. 7:00 PM curtain. Rear Orchestra seating.

Date: Tuesday, 4/9

Time: 4:00 PM – 11:00 PM

Pick-up: Tisdale School

Price: \$159

MOULIN ROUGE! at Al Hirschfeld Theatre

Pop the champagne, Moulin Rouge! The Musical is the winner of 10 Tony Awards – including Best Musical! Starring **Boy George**, enter a world of splendor and romance, of eye-popping excess, of glitz, grandeur and glory! A world where Bohemians and aristocrats rub elbows and revel in electrifying enchantment. Baz Luhrmann's revolutionary film comes to life onstage, remixed in a new musical mash-up extravaganza. A theatrical celebration of truth, beauty, freedom and—above all—LOVE, Moulin Rouge! is more than a musical; it is a state of mind. How wonderful life is...at the Moulin Rouge. 7:00 PM curtain. Orchestra seating.

Date: Tuesday, 4/9

Time: 4:00 PM – 11:00 PM

Pick-up: Tisdale School parking lot

Price: \$149

MONTY PYTHON SPAMALOT at St. James Theatre

Lovingly ripped from the film classic, Monty Python and the Holy Grail, Spamalot has everything that makes a great "knight" at the theatre, from flying cows to killer rabbits, British royalty to French taunters, dancing girls, rubbery shrubbery, and of course, the lady of the lake Spamalot. Features well-known song titles such as "Always Look on the Bright Side of Life," "The Song That Goes Like This," "Find Your Grail" and more that have become beloved classics in the musical theatre canon. 7:00 PM curtain. Rear Orchestra seating.

Date: Tuesday, 4/9

Time: 4:00 PM – 11:00 PM

Pick-up: Tisdale School parking lot

Price: \$169

THEATRE AND SHOWS

SHEN YUN at Lincoln Center

What is Shen Yun, exactly? It's more than just a performance—it's a revival of the beauty and goodness of China before communism. With stories and legends, vibrant costumes and backdrops, original music and a few fun surprises—it's an experience that will delight your senses, inspire your heart, and just leave you feeling great. 2:00 PM curtain. Rear Orchestra seating. Lunch on your own.

Date: Wednesday, 4/10

Time: 10:30 AM – 5:30 PM

Pick-up: Faith Reformed Church, Midland Park

Price: \$160

THE NOTEBOOK at Gerald Schoenfeld Theatre - Lunch at John's Time Square

The Notebook, the new musical based on the bestselling novel by Nicholas Sparks that inspired the iconic film. The Notebook features music and lyrics by multi-platinum singer-songwriter Ingrid Michaelson and a book by playwright Bekah Brunstetter (writer and producer on NBC's "This Is Us," The Cake). Allie and Noah, both from different worlds, share a lifetime of love despite the forces that threaten to pull them apart. With a book that has sold millions of copies worldwide and a film that's one of the highest-grossing romantic dramas of all-time. Lunch at John's Time Square. 2:00 PM curtain. Rear Orchestra seating.

Date: Wednesday, 4/24

Time: 10:30 AM – 5:30 PM

Pick-up: Faith Reformed Church, Midland Park

Price: \$189

MJ the Musical at Neil Simon Theatre

He is one of the greatest entertainers of all time. Now, Michael Jackson's unique and unparalleled artistry has finally arrived on Broadway in a brand-new musical. Centered around the making of his 1992 Dangerous World Tour, and created by Tony Award®-winning Director and Choreographer Christopher Wheeldon and two-time Pulitzer Prize winner Lynn Nottage, MJ goes beyond the singular moves and signature sound of the star, offering a rare look at the creative mind and collaborative spirit that catapulted Jackson into legendary status. 7:00 PM curtain. Rear/Side Orchestra seating.

Date: Tuesday, 5/14 (WAITLIST ONLY)

Time: 3:30 PM – 11:00 PM

Pick-up: Midland Park High School

Price: \$165

CARMEN, Met Opera at Lincoln Center

Acclaimed English director Carrie Cracknell makes her Met debut, reinvigorating the classic story with a staging that moves the action to the modern day and finds at the heart of the drama issues that could not be more relevant today: gendered violence, abusive labor structures, and the desire to break through societal boundaries. Dazzling young mezzo-soprano Aigul Akhmetshina leads a powerhouse quartet of stars in the complex and volatile title role, alongside tenor Piotr Beczaa as Carmen's troubled lover Don José, soprano Angel Blue as the loyal Micaëla, and bass-baritone Kyle Ketelsen as the swaggering Escamillo. Daniele Rustioni conducts Bizet's heart-pounding score. 7:00 PM curtain. Rear/Side Orchestra seating.

Date: Wednesday, 5/22

Time: 3:30 PM – 11:30 PM

Pick-up: Midland Park High School

Price: \$135

THE WIZ at Marquis Theatre - Lunch at Playwright Celtic Pub

Everybody look around, there's reason to rejoice! The Tony Award®-winning Best Musical that took the world by storm is back. For the first time in decades, THE WIZ returns home to the American stage with an all-new Broadway-bound adaptation. Conjuring up an Oz unlike anything ever seen before, the creative team is helmed by director Schele Williams. Enjoy lunch at Playwright Celtic Pub. 2:00 PM curtain. Rear Orchestra seating.

Date: Wednesday, 6/12

Time: 10:00 AM – 5:30 PM

Pick-up: Faith Reformed Church, Midland Park

Price: \$179

WATER FOR ELEPHANTS at Imperial Theatre

After losing what matters most, a young man jumps a moving train and finds a new home with the remarkable crew of a traveling circus, and a life—and love—beyond his wildest dreams. Seen through the eyes of his older self, his adventure becomes a poignant reminder that if you choose the ride, life can begin again at any age. In this musical based on the novel by Sara Gruen, Water for Elephants invites us all to give ourselves to the unknown. 7:00 PM curtain. Rear Orchestra seating.

Date: Thursday, 6/27

Time: 3:30 PM – 10:00 PM

Pick-up: Midland Park High School

Price: \$155



OVERNIGHT TRIPS

CANADA - Island of Coudres & Quebec

Escape to the Island of Coudres in Canada's beautiful region of Charlevoix Region of Quebec. Enjoy a guided tour of Quebec City, Guided tour of the beautiful Island of Coudres, Whale watching cruise on Bay of St. Catherine, Ferry ride to St. Anne De Beaupre Shrine, Visit the Albert Gilles Cooper Museum. Includes: 5 Nights Lodging (3 nights on the Island of Coudres), 5 Breakfasts, 1 Lunch and 5 Dinners. Required: Valid U.S. Passport or Passport card. Tour escorted by Betty Ann Agresta.. A \$100 non-refundable deposit is required upon registration. Call the RCS office at 201-327-2025 for a complete itinerary or to register.

Date: Saturday 5/18 —Thursday, 5/23, 2024
Pick-up: Faith Reformed Church, Midland Park
Single: \$1,778
Double: \$1,519
Triple: \$1,499

LAKE GEORGE and SARATOGA SPRINGS

Our "sweetest" lakeside tour! Cruise on shimmering Lake George and view the mansions lining the shore. Tour Lake Placid with your guide, including the former Olympic Village. A guided tour of Saratoga Springs features parks and mineral springs, for which the area is well known. Try the hula with the Tiki's Polynesian dancers for a wee bit of "Hawaii" by the lake! Includes: 3 Nights Lodging, 3 Adirondack Breakfasts, 3 Dinners, Guided tour of Lake Placid, Guided tour of Saratoga Springs, Cruise on Lake George. Tour escort by Melinda Scarso. A \$100 non-refundable deposit is required upon registration. Call the RCS office at 201-327-2025 for a complete itinerary or to register.

Date: Monday 6/3 – Thursday 6/6, 2024
Pick-up: Faith Reformed Church, Midland Park
Single: \$1,100
Double: \$815
Triple: \$799



WASHINGTON D.C.

This patriotic tour brings you to the locations where history is made and remembered. Two guided tours including: WW II Memorial, Capitol Hill, Embassy Row, The Korean War Veterans Memorial, the Vietnam Memorial, the Smithsonian, the Martin Luther King, Jr. National Memorial, the Lincoln Memorial, and more! Admission to Museum of the Bible containing six floors of exhibits and many ancient biblical artifacts. Admission to George Washington's Mount Vernon Estate & Garden. Tram ride through Arlington National Cemetery. Includes: 4 Nights Lodging in the Washington D.C. area, 4 Breakfasts and 4 Dinners. Tour escorted by Terry Seiders. A \$100 non-refundable deposit is required upon registration. Call the RCS at (201) 327-2025 office for a complete itinerary.

Date: Friday 6/28 - Tuesday, 7/2, 2024
Pick-up: Faith Reformed Church, Midland Park
Single: \$1,109
Double: \$899
Triple: \$879

NEW HAMPSHIRE & THE WHITE MOUNTAINS

Surrounded by the White Mountains and Lakes Region of New Hampshire, you'll love this attraction packed trip. Take 1.3 mile scenic Gondola ride to the Summit of Loon Peak. Enjoy a 2.5 mile Train ride at Clark's Trading Post. See a Live Bear Show & the Chinese Acrobats Show. Enjoy a scenic narrated Cruise on Lake Sunapee. Tour of Remick Country Doctor Museum & Farm. Admission to the Wright World War II Museum including 14,000 artifacts and Military Vehicles. Includes: 4 Nights Lodging in New Hampshire, 4 Breakfasts, 1 Lunch and 4 Dinners. Tour escorted by Melinda Scarso. A \$100 non-refundable deposit is required upon registration. Call the RCS at (201) 327-2025 office for a complete itinerary.

Date: Monday, 7/15 - Friday, 7/19, 2024
Pick-up: Faith Reformed Church, Midland Park
Single: \$1,475
Double: \$1,045

OVERNIGHT TRIPS

CASTLES OF NEW YORK and THOUSAND ISLANDS

Journey to a bygone era! Cruise aboard a replica steamboat on the scenic St. Lawrence River. Tour Boldt Castle, a monument of love built by George Boldt for his wife, Louise. Wing's Castle, a unique architectural marvel on the Hudson, and stately Singer Castle on the St. Lawrence completes your journey. Included: 3 Nights lodging (2 nights at Edgewood Resort), 3 Breakfasts, 1 Boxed Lunch, 3 Dinners, Boldt Castle, Singer Castle, Wing's Castle, Millbrook Vineyards and Winery Tour, St. Lawrence River Cruise and New York State Capital Building. Tour escorted by Terry Seiders. A \$100 non-refundable deposit is required upon registration. Call the RCS office at 201-327-2025 for a complete itinerary or to register.

Date: Monday, 8/12 – Thursday, 8/15, 2024
Pick-up: Faith Reformed Church, Midland Park
Single: \$1,185
Double: \$899
Triple: \$875

MAINE and NOVA SCOTIA

See the beauty of Prince Edward Island, New Brunswick with Acadia National Park. Enjoy a visit to historic Halifax, Peggy's Cove and Lunenburg. Admission to King's Landing Historical Settlement. Visit picturesque Prince Edward Island, Explore Acadia National Park. Visit the waterside town of Saint John located on the shore of the Bay of Fundy. Includes: 8 Nights Lodging (including 5 nights in Canada, 3 Nights in Maine), A guided tour of Acadia National Park, 8 Breakfasts and 6 Dinners. Required: Valid U.S. Passport or Passport Card. Tour escorted by Terry Alnor. A \$100 non-refundable deposit is required upon registration. Call the RCS office at (201) 327-2025 for a complete itinerary or to register.

Date: Wednesday, 9/11 – Thursday, 9/19, 2024
Pick-up: Faith Reformed Church, Midland Park
Single: \$2,465
Double: \$1,920
Triple: \$1,900

CANYONLANDS - Southwest Tour

Southwest tour starting in Salt Lake City with Canyonlands National Park, Arches National Park. Head to Colorado to Ouray, Silverton and Durango. Ride along the famous "Million Dollar Highway." View the Rockies referred to as the "Switzerland of America." Take a trip back in time on board the Durango & Silverton Narrow Gauge Railroad. Next on to Mesa Verde National park. Optional fun rafting excursion on the Animas River. Unlock the legacy of Taos Pueblo. Make your way through the mountains and into New Mexico, arriving at the Rio Grande Gorge. Next it's on to the spectacular Garden of the God's in Colorado Springs. Lastly traverse to Majestic Pikes Peak. Visit Olympic City USA and the Paralympic Museum. Enjoy your last evening in the magical town of Manitou Springs. Includes: Bus transfers to and from Newark Airport, Direct flights from Newark, all hotels, hotel taxes, airport transfers to and from your hotels, meals and more... Tour escorted by Melinda Scarso. A \$300 non-refundable deposit is required upon registration. Call the RCS office at (201) 327-2025 for a complete itinerary or to register.

Date: Wednesday, 10/2 – Wednesday, 10/9, 2024
Pick-up: Faith Reformed Church, Midland Park
Single: \$4,099
Double: \$3,399
Triple: \$3,074

CHRISTMAS AT THE BILTMORE HOUSE

Discover the charm of Asheville, NC and grandeur of the Biltmore Estate Mansion. Includes: Overnight lodging to and from Asheville, N.C., 3 nights lodging in Asheville, 5 breakfasts, 3, dinners, including the Stable Café on the Biltmore Estate, Grove Arcade, Candlelight Christmas Evening audio tour of the Biltmore House, Daytime visit to the Biltmore grounds, Antler Hill Village, Biltmore Village, Guided tour of Asheville, including Folk Art Center, Evening of entertainment, Souvenir gift. Luggage handling in Asheville, taxes and meal gratuities, motor-coach transportation. Tour escorted by Melinda Scarso. A \$100 non-refundable deposit is required upon registration. Call the RCS office at 201-327-2025 for a complete itinerary or to register.

Date: Sunday, 12/1—Friday, 12/6, 2024
Pick-up: Faith Reformed Church, Midland Park
Single: \$1,714
Double: \$1,223
Triple: \$1,187

RCS REGISTRATION FORM

FULL NAME _____

ADDRESS _____ CITY _____ ZIP CODE _____

CELL PHONE # _____ EVENING# _____

EMAIL _____ SR CIT/DOB _____

(Confirmations are sent via email)

(I.D. Required)

TITLE OF CLASS	START DATE	TUITION FEE	+ MATERIAL FEE	TOTAL FEE
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____
			SUBTOTAL	_____

CHECK # _____

(Make checks payable to Ramsey Community School)

I hereby authorize the use of Mastercard/Visa

Name on card

Billing Zip Code

Card#

Expiration Date

CCV Number

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 35 School Street
 Ramsey, NJ 07446